



Pink Ribbon Quilt



In the past, hours would be spent manually cutting out and satin stitching around every shape. Now embroidery machines make a quilt like this one easy. Lunch Box Quilt patterns have appliqué designs specifically for embroidery machines. The entire line can be seen at www.lunchboxquilts.com

Start by stitching out all the appliqué blocks. Refer to page 2 for appliqué instructions.

The pages that follow will guide you thru the construction of the nine patches and quilt completion. All seam allowances are $\frac{1}{4}$ ".
Quilt and bind your quilt as desired.

Please enjoy this complimentary Pink Ribbon pattern. This pattern may be copied and shared.

A percentage of all sales in October from the Lunch Box Quilts pattern line will be donated to Breast Cancer research.

Appliqué Instructions

Materials:

Background fabric to accommodate design

Piece or pieces of appliqué fabric slightly larger than design shape

Instructions:

Securely hoop background fabric and stabilizer.

Thread the machine with contrasting thread and stitch out the placement line.

Spray wrong side of appliqué fabric with temporary adhesive spray. Smooth and secure the appliqué fabric inside the hooped background fabric making sure to cover all placement stitches.

Place the hoop back on the machine and stitch the cutting line stitch

Remove hoop from the machine. **Do not remove fabric from hoop.** Carefully trim with small embroidery scissors excess fabric around the shape. Be careful not to cut into the cutting line stitch or background fabric.

Appliqué Instructions (Cont.)

Place the hoop back on the machine and continue with the satin stitch. At this point change the thread to match or contrast with the appliqué fabric. The typical sequence for embroidery appliqué is the placement stitch, the cutting stitch and the satin stitch.

Pink Ribbon Stitch Sequence

Design Size: 1.96" W x 2.75" H

Number of Stitches: 1886

Stitch Order

1. Placement Stitch of ribbon
2. Cutting Stitch of ribbon
3. Satin Stitch of ribbon



Note: Some blocks have been mirror imaged

Make 5 appliqué pink ribbon blocks

Remove stabilizer and trim blocks to 3½" square

Nine Patch Cutting and Assembly

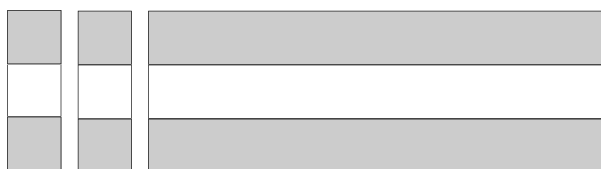
Alternating with the pink ribbon blocks are nine patch blocks.

Cut (3) 1½" x 18" light fabric

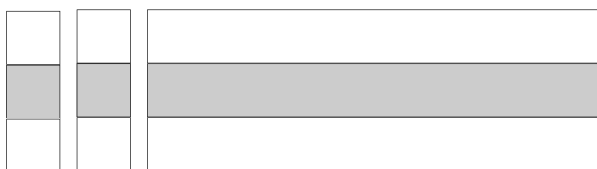
Cut (3) 1½" x 18" dark fabric

With right sides together and aligning raw edges sew the light and dark strips together. Press seams to dark fabric.

Cut the strip sets into 1½" segments

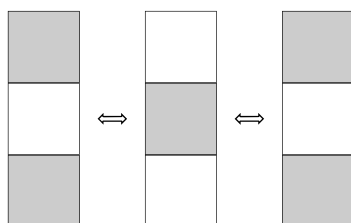


Crosscut (8) 1½" wide segments

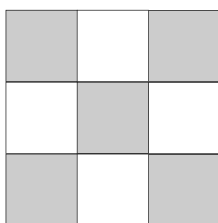


Crosscut (4) 1½" wide segments

Nine Patch Cutting and Assembly (Cont.)

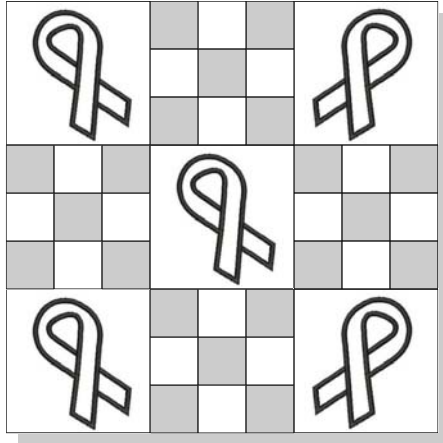


Sew segments together for nine patch blocks



Make 4 nine patch blocks
Unfinished size is 3½" square

Quilt Assembly

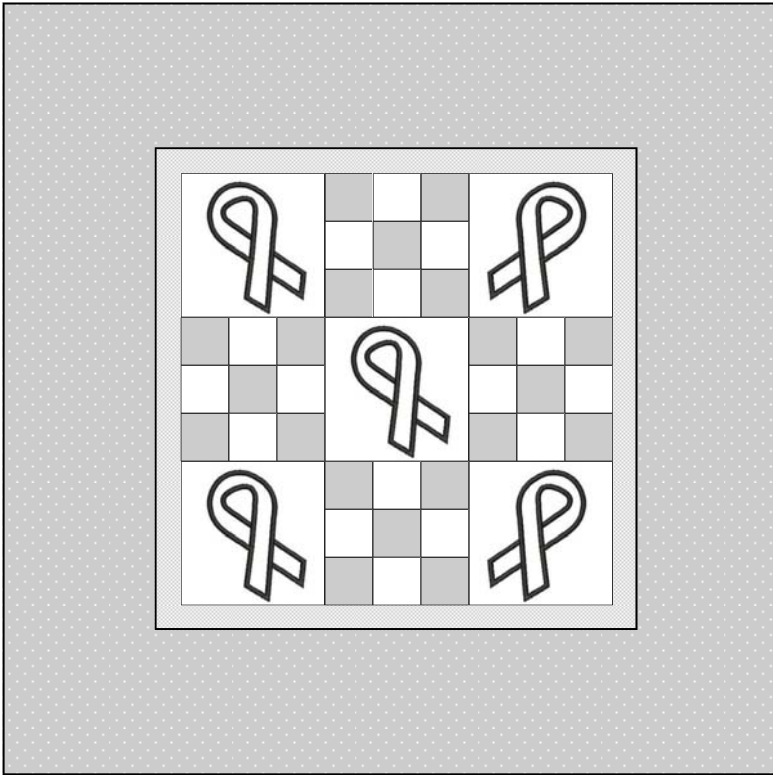


All seam allowances are $\frac{1}{4}$ ".

Assemble nine blocks into three rows as shown above.

At this point the quilt center should measure $9\frac{1}{2}$ " wide x $9\frac{1}{2}$ " high

Quilt Borders



Attaching the borders

Dimensions include $\frac{1}{4}$ " seam allowance

1. Attach 1" wide first border
2. Attach $3\frac{1}{2}$ " wide second border



Pink Ribbon Quilt



Quilt : Finished size 16½” X 16½”

Fabric Requirements:

4 fat quarters for appliqués, nine patches and border fabrics.

½ yard for backing and binding

Embroidery Supplies Needed

75/11 sharp embroidery needles

40 wt. embroidery thread

Bobbin thread

Tear away Stabilizer

A can of spray adhesive

Small curved embroidery scissors

Basic sewing supplies (examples: scissors, pins, rotary cutter, mat, etc.)



The quilt in this pattern is created using an embroidery machine. A multi-format CD with the designs is included. The design requires a 4” x 4” Stitch Field

Quilts on cover page:

Pieced by Angela Steveson

Quilted by Jessica Brunnermer



This Pattern is NOT FOR RESALE

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