



LINGERIE SEWING WORKSHOPS WITH LIZ THOMPSON

SUPPLY LIST:

- Sewing machine in good working order. You do not need a “fancy” machine although they usually have more options and give a lovely smooth “ride”. Stitches needed are straight stitch, zig-zag and 3 step zig-zag/elastic stitch
- Required Feet: Regular sewing foot or satin stitch foot ; ¼ inch foot
- Walking foot (optional).
- Sewing thread to match your bra making supplies. Polyester sewing thread is the best. NOT rayon embroidery thread or quilting cotton. Polyester is the best for lingerie. If you purchase a kit, I would select the thread after you get your kit so you can match the colour closely. You can shop for this at Snip & Stitch at this workshop.
- Water soluble thread – optional
- Pins.
- Tape measure
- sewing clips Optional but useful
- Sharp fabric cutting scissors. Some people prefer to cut out their pattern pieces with a rotary cutter. It is more accurate but scissors work if you do not have rotary cutting equipment. The smaller 28mm rotary cutter is the best but I use a 45mm as well. Rotary cutting mat is required if you use a cutter – of course!

- Sharp thread snips.
- Duck bill applique scissors are great for trimming lace and fabric. These are optional but highly recommended. My favourite is the mini duck bill scissors. They are just perfect for some many things.
- Stretch or Super stretch needles are **essential**. Microtex needles also help on some very tightly woven polyester fabrics. It depends on the fabric, lining and lace and what stitch you are using.

The bra and matching pantie kit from Sew with Liz will include ALL fabric, lace, elastic, hook & eye closure, bow, rings & sliders as well as 2 patterns (the bra and pantie)

KITs will include the following:

- Pattern for Bra (3 versions of the bra in the pattern but we will all make the same one: lace over fabric lining) The pattern is a downloadable one so I will provide this ahead of time so that they can print their pattern pieces. Just a couple of pages. The Pattern Instructions will be printed and included in their kits. In addition: I will provide information about how to establish which size to make and therefore what size to print ahead of time before they come to class. There are several 100 pages so I won't print the entire PDF!
- Pattern for Pantie – Jan Bones Smoothie pantie pattern which is my all time favourite. This is a paper pattern and will be included in the pantie kit.
- All fabric and lace for the bra & pantie
- All elastic for the bra and pantie
- Hook & eyes for bra
- Rings & sliders for bra.
- Bow for the bra
- Liz's Lingerie Sewing Checklist in PDF format – a list of good information reference.