

## SUPPLY LIST FOR CLASS, DEMO, OR CLUB



### Take Your Free Motion Quilting Skills to the Next Level Club with Julie

Join me as we explore a variety of FMQ techniques to help you expand and perfect your Free Motion Quilting skills. Subjects covered will include designing and stitching all-over and background fill designs, grid-based quilting, bobbin quilting, thread sketching, and yarn couching. Each technique will be presented as a small project designed to encourage a progression of smooth hand movements, thread knowledge, and design confidence.

**THIS SUPPLY LIST CONTAINS IMPORTANT CLASS INFORMATION.  
PLEASE READ ALL THE WAY TO THE END.**

Sewing machine with all accessories, extension table, <b>darning foot, walking foot</b> , spare bobbins, foot control, and power cord. Straight stitch plate for your machine if you have one.	Month 1 Quilting Back to Front Month 2 FMQ design exercise Month 3 Grid Based FMQ designs Month 4 FMQ Yarn Couching Month 5 FMQ Embroidery with cutwork lace elements Month 6 Bobbin Quilting
Sew Slip, Supreme Slider, or Free Motion Glider.	
Quilting gloves.	
Quilters marking tool that is clearly visible on your chosen fabric. Please test prior to class to be sure that this will both mark well and remove easily.	
75/11 and 90/14 Quilting, Topstitch and Microtex needles	
A variety of threads including but not limited to, 50-weight cotton, 40-weight Rayon, 40-weight Polyester, WonderFil Invisafil.	
Drawing pad and soft pencil, flow ink pen	

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or medium point felt pen.	
4 test sandwiches (backing/batting/front) minimum 10" square per session	

**For our first session, we will refresh our skills by reverse quilting a table topper using the backing fabric to create the quilting design.**

You will need:

- .7 m for the front (plain or tone-on-tone).
- .8 m for the back (a large-scale floral or leafy print).
- .4 m binding (may be either the print, a contrast or the same as the top)
- .8 batting of your choice (30" square)

Thread for quilting.

**In the coming months, you'll learn a new technique each session while stitching on a small project.**

**Here are the fabric requirements from some that you may choose from.**

### Fabric and Batting

- .5 m is enough for the front of a table runner.
- .6 m is required for a table runner backing.
- .3 m binding.

1.0m can be used for quilted pillow shams.  
I would also use 1.0 m of waste fabric (inside).

- 1.2 m each for the front and backing will make a lap or baby blanket
- .4 m binding.

Batting, enough to fit your chosen project.  
Loftier battings will show off the quilting better than a very flat batting.  
Consider using two layers of the same batting or even layer two different battings.

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### **Additional Supplies**

A printed panel suitable for yarn couching.

You may add a border prior to class if desired.

Backing and batting to fit the panel.

Binding .4 m to .7 m, depending on the size of your panel.

A 7-inch, Spring Tension Hoop for hand work (available at Snip & Stitch).

2 or 3 fat ¼'s of plain or tone-on-tone suitable for quilting.

Free Motion Yarn Couching Foot or Westalee Decorative Thread Ruler Foot as appropriate to your machine.

A Specialty (reduced tension) bobbin case (or spare bobbin case) as appropriate to your machine.

1 or more spools of Ellana 12-weight Wool/Acrylic, 8-weight Perle cotton, WonderFil Razzle or Dazzle.

Light or medium weight, wash-away stabilizer.

Sewing Machine: Please bring your machine to class in good working order with full accessories, foot control, extension tray, extra bobbins & manual.

Basic Sewing Kit: Rotary cutter, ruler & mat, scissors, seam ripper, press sheet, pins (safety and straight), thread, thread snips, fabric marker of choice.

If you have any questions, please contact me at

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See you at Class!

Julie