



Intermediate Refashioning:

Designing the Wearable Art Jacket

with Nelusha

When selecting your foundation pieces to upcycle with be mindful that the finished top will be generous fitting garment. You may elect to design:

- (A) a roomy light art jacket to wear over another layer of clothing; or
- (B) you may design a funky artsy loose-fitting top to wear on its own.

Supplies required:

- **For top A** - bring a men's shirt which you like the look of that fits the way you want it to at the shoulders (not too baggy but slightly loose or fitted). For most women this will probably be a men's size small or medium.
- **For top B** - bring a women's shirt that fits the way you like at your shoulders.

Additional supplies needed for both styles:

- Two additional shirts to cut up and harvest parts of which are a similar colour scheme (think more grey scale than colour wheel for coordinating pieces)
- Several fabric remnants that coordinate roughly with your foundation shirt (don't be too matchy-matchy). These can be wovens or knit fabric pieces and you don't need to large a piece (1/4 yard or even smaller will be fine).
- Fabric scraps and trim embellishing.
- You may bring a lightweight denim jacket to harvest parts from (optional).
- Everything included in the general supply list.

General Supply List

- A basic sewing machine in working order with the feet it needs for zigzag and straight stitch (your machine will only need to do a straight stitch, zig zag stitch and reverse)
- Sharp fabric scissors
- Pinking shears
- Applique scissors
- A couple of packs of universal sewing machine needles (size 90/14 and size 16/100)
- Good polyester or poly-wrapped sewing machine thread in a neutral colour (cream, black, or grey)
- Full bobbins with same neutral thread
- Long ruler (quilting rulers are great!)
- French curve or any ruler with a curve
- Perle Cotton embroidery thread (#8, 10 or 12) in your favourite colours to coordinate with the clothing you will be working on
- Long pins with balls on end (quilting pins are great)
- Small applique pins (optional)
- Fabric glue (optional)
- Embroidery needles
- Erasable marking pens and/or chalk or other marking tool

Basic Sewing Kit consisting of:

- Seam ripper (large and small)
- Hand-sewing needles
- Measuring tape

Please bring your questions as well. See you in class.

Thank you, Nelusha.